

## Lexington Catholic Swimming & Diving Team Code of Conduct and Team Rules

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It is hereby acknowledged and agreed by the undersigned that in consideration of your child (children) listed herein, being accepted as a member of the Lexington Catholic Swimming & Diving Team that you agree to and understand the following Code of Conduct. The following code will be enforced from October 1, 2010 through February 27, 2011 and will cover all activities that involve the Lexington Catholic Swimming & Diving Team, the use of any facility, and also include behavior during scheduled competitions times, at all away meets and for the duration of all organized travel arranged by the coaches during the duration of competition or training. Disciplinary action can range from but are not limited to reprimands, being sent home from practice or meets at the parents' expense, expulsion from the team, barred from competition, or any other disciplinary action that the coaching staff deems necessary if a member fails to adhere to the following code in part or in whole. The Head Coach will have the final say in any disciplinary action taken.

Proper conduct is expected at all facilities and members and staff of the facility should be treated with respect. Behavior that is inappropriate shall include, but is not limited to:

- Vandalism of any kind
- Horseplay, fighting, pushing someone into the water
- Throwing equipment
- Entering the water before practice
- Smoking, consumption of alcoholic beverages, chewing tobacco, or taking drugs
- Disrupting practice
- Un-sportsman like conduct at practice or during swim meets
- Inappropriate language
- Any behavior that may cause harm to someone else

The following is the code of conduct that the swimmers and divers are expected to adhere to during practices times and all swimming and diving meets. All student athletes will abide by the Lexington Catholic Athletic Code. All of the rules presented here are in addition to the Lexington Catholic Athletic Code.

1. All student athletes will abide by the Lexington Catholic Athletic Code. All the rules presented here are in addition to the Lexington Catholic Athletic Code.
2. All team members must attend ALL scheduled practices. To be allowed to participate in competitions, an athlete must maintain an 85% or better practice attendance percentage. If an athlete falls below the 85% and is not making an effort, in the opinion of the coach, to attain that level, he/she will be dismissed from the team. If you are a year-round swimmer and practice with another team you are

expected to make 25% of Sunday practices and are excused from weekday practices. Falling behind in class or needing to finish homework is not reasons to miss practice. *Time management is the key.*

3. If a student athlete is going to miss a practice for ANY reason, he/she must inform Coach Beth via telephone (859.556.9462) or email at [bsatterfield@lexingtoncatholic.com](mailto:bsatterfield@lexingtoncatholic.com).
4. The coaching staff reserves the right to hold a student athlete out of a meet if he/she misses a practice within 7 days of the competition, regardless of whether or not he/she has obtained 85% attendance.
5. Student athletes may not compete in competitions or practice if they are absent from school that day. Friday attendance will count toward Saturday meets.
6. Student athletes are required to attend ALL meets on the schedule. The coaching staff reserves the right to dismiss any student athlete from the team if he/she does not show sportsman-like conduct, including participation in practice and/or meets.
7. The Head Coach will make the decision of which athletes will be participating in scheduled meets and which events/dives that the student athlete will be entered in that meet.
8. If a student athlete is going to miss a scheduled meet, please let Coach Beth know at least one week in advance via email or by phone. It is a KHSAA requirement to compete in 2 regular season meets to be eligible to compete in the Regional Championship.
9. At meets, all athletes are expected to represent Lexington Catholic by wearing their warm-ups and/or other clothing items with the Lexington Catholic logo.
10. At meets, all Lexington Catholic team members are to support each other when a teammate is competing, this includes the diving competition. Student athletes are expected to remain on the deck in uniform until the end of the meet. At the conclusion of each meet, we will shake hands with our opponents, do a team cool-down and have a brief team meeting.
11. Practices and meets are over when the coach dismisses the team, not when a student athlete has completed his/her workout or event.
12. Parents will not be allowed on the deck at a swim meet or practice sessions for any reason, other than if your child is ill. Please save all questions/concerns for the coaches until after the completion of the meet or practice.

Both the student athlete and the parent must sign the Swimming and Diving Team Code of Conduct prior to any athlete being allowed to practice with the team. Any violation of the team rules or code of conduct can be grounds for dismissal from the team. The Lexington Catholic Swimming and Diving Coaching staff has the final decision on all team matters and team rules violations.

Student Athlete Printed Name: \_\_\_\_\_ Student Athlete Signature: \_\_\_\_\_

Parent Signature: \_\_\_\_\_

Date: \_\_\_\_\_