



# LEXINGTON CATHOLIC HIGH SCHOOL

**For Immediate Release**

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## **Lexington Catholic High School Names New Head Girls' Basketball Coach**

**Lexington, KY** - Lexington Catholic High School is pleased to announce that Chelsea Chowning has been named the new girls' head basketball coach beginning for the 2010-2011 season. Chowning is a 2003 graduate of Lexington Catholic and former Lady Knights star player.

As a senior at LCHS, Chowning was named Miss Basketball runner-up and led the Lady Knights to the state Final Four three of the four years she played. During her sophomore year, she was named Most Valuable Player as she led her team to the state title. Chowning was a three-time first-team all-state choice and Regional Player of the Year, averaging 17.5 points, 8.0 rebounds, four steals and four assists as a senior. She was also a McDonald's All-American nominee.

After Lexington Catholic, Chowning played two successful seasons at Xavier with a 4.0 grade point average. At that time she was accepted to UK's nationally ranked College of Pharmacy for the 2005-06 school year. She earned a spot on the UK Dean's List for three consecutive semesters, posting a 4.0 GPA each semester.

With one year of eligibility left in the 2007-2008 school year, she joined the UK Women's Basketball Team. At that time, Coach Matthew Mitchell said, "Coaching Chelsea Chowning has been one of the greatest experiences I've ever had in my career. She is one of the most honest, hard-working and disciplined players I've ever coached." (*www.NCAA.com*)

Chowning will earn her Doctorate in Pharmacy this year and looks forward to her new position as head coach of the Lady Knights.

Dr. Steve Angelucci, President of Lexington Catholic, said of Chowning's hiring, "We are proud to have an accomplished, impressive Lexington Catholic graduate return to our school. We are excited about the future of Lady Knights basketball."

Greg Todd, Transylvania Women's Head Basketball Coach and Chowning's coach at Lexington Catholic stated, "I'm very excited for Lexington Catholic. Chelsea is one of the most intelligent players I've ever coached. Not always do the best players make the best coaches; Chelsea will transcend into a great coach because of her character and leadership. With Coach Talbott staying on, the transition period will be smooth and their experience together will be a great fit."

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